

March 9th-13th

FRESH STARTS 

 THE GRILLE

Market Place Entrees

The Wok

DINNER


<p>MONDAY</p> <p>TUESDAY</p> <p>WEDNESDAY</p> <p>THURSDAY</p> <p>FRIDAY</p>	<p> Fresh Scrambled Eggs Apple Sweet Potato Ginger Hash Hickory Smoked Bacon Pineapple Tidbits <i>Congee & Cereal Bar</i></p>	<p> Create your own Salad Bar  Chicken Noodle Soup</p>	<p>Naturally Raised Beef Cheese Burger Lettuce, Tomato, Onion, Pickle Sweet Potato Fries </p>	<p>National Meatball Day! Spaghetti & Meatballs Corn on the Cob  Bread Stick </p>	<p>Egg Foo Young Jasmine Rice  Spinach & Mushroom  Chicken Pot stickers (2)</p>	<p>Shrimp Stir Fry Spring Rolls  BBQ Chicken Roasted Potatoes & Zucchini  <i>Garden Salad</i></p>
	<p>Egg Muffin Cups Breakfast Potatoes W/Peppers  Turkey Sausage Links   Mango Mixed Fruit Cup <i>Congee & Cereal Bar</i></p>	<p> Create your own Salad Bar Roasted Black Bean & Corn</p>	<p>Pita Pizza (3 Assorted Kinds) Breadsticks w/ Marinara </p>	<p>Crispy Tofu Tacos  Cilantro Lime Rice  Refried Beans </p>	<p>Teriyaki Pork Veggie Stir Fry  Steamed White Rice  Spring Roll (2) </p>	<p>Pasta Primavera  Sweet & Sour Chicken Fried Rice Broccoli  <i>Garden Salad</i></p>
	<p>Choice of Bacon, Sausage or Veggie Avocado Burrito  Apple Sauce  <i>Congee & Cereal Bar</i></p>	<p> Create your own Salad Bar Egg Drop</p>	<p>Panini Tomato-Bacon Provolone House-Made BBQ Seasoned Potato Chips </p>	<p>Meatless Mexican Lasagna  Spanish Rice  Spanish Corn </p>	<p>Cashew Chicken Stir Fry Fried Rice Cauliflower  Spring Rolls </p>	<p>Blacken Rock Fish with Avocado Sauce Spaghetti  Corn on the Cob  Garlic Bread <i>Garden Salad</i></p>
	<p> French Toast Bake Fresh Hash Browns Fresh Scrambled Eggs  Sliced Cantaloupe  <i>Congee & Cereal Bar</i></p>	<p> Create your own Salad Bar Cream of Broccoli</p>	<p>Homestyle Chicken Tenders Baked Potato Wedges  House-Made BBQ Sauce</p>	<p>BBQ Jack Fruit Pulled Sandwich  Potato Salad  Pickle Spear </p>	<p>Szechwan Shrimp Jasmine Rice  Broccoli  Spring Roll (2) </p>	<p>Curried Cod Jasmine Rice  Sautéed Spinach  Alfredo Bake & Dinner Roll  <i>Garden Salad</i></p>
	<p>Roasted Chickpea & Veggie Egg Bake Turkey Sausage Links Hash Brown Triangle Mandarin Oranges <i>Congee & Cereal Bar</i></p>	<p>Create Your Own Salad Bar Clam Chowder</p>	<p>Grilled Cheese  Tater Tots </p>	<p>Mac & Cheese Steamed Peas & Carrots Garlic Bread</p>	<p>Spicy Beef Stir Fry Fried Rice Braised Bok Choy Chicken Pot stickers</p>	<p>Cheese Quesadilla  Crispy Sesame Chicken White Rice  Stir Fry Veggies  <i>Garden Salad</i></p>

- Our Ground Beef is Family COOP Raised Beef No antibiotics or Growth Hormones
- Our Roasted Potatoes are fresh and hand-cut

At St. Mary's school, we recognize the impact food makes on health and wellness. We are committed to bringing nutritious food to the table and making the healthy choice the easy choice for all our dining guests.

-  Contains Shellfish
-  Contains Fish
-  Contains Egg

-  Contains Milk
-  Gluten
-  Free Local

 **Be Well**
Eat the Be Well Way! Look for the Be Well Blueberry.