

BREAKFAST

THE WOK



DINNER

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY

<p>Fresh Scrambled Eggs Hickory Smoked Bacon Golden Hash Brown Sliced Peaches Hot Congee or Cereal & Bananas</p>	<p>Blackened Cod Rice Pilaf Roasted Corn</p>	<p>Teriyaki Chicken on a Hoagie Fries</p>	<p>Build Your Own Salad Add 1 Protein and all the Veggies! Top it Off with a House-made Dressing And Combo it with a Cup of Soup!</p>	<p>Hot Dog Tater Tots Mongolian Beef Jasmine Rice Fresh Garden Salad</p>
<p>Fresh Scrambled Eggs Biscuits & Country Gravy Golden Baked O'Brien Potatoes Pork Sausage Links Freshly Sliced Oranges</p>	<p>Thinly Sliced BBQ Pork Chow Mein Braised Bok Choy</p>	<p>Build Your Own Nachos Ground Beef & Kidney Beans Lettuce, Nacho Cheese, Chopped Tomato, Black Olives With Sour Cream & Salsa</p>	<p>Build Your Own Salad Add 1 Protein and all the Veggies! Top it Off with a House-made Dressing And Combo it with a Cup of Soup!</p>	<p>Caprese Chicken Roasted Potatoes Beef Fritter Glazed Carrots Fresh Garden Salad</p>
<p>Country Sausage Breakfast Burrito Hickory Smoked Bacon & Potato Burrito Egg & Hash Brown Burrito Freshly Diced Fruit Hot Congee or Cereal & Bananas</p>	<p>Sticky Asian Drum Sticks Steamed Rice Hoisin Cauliflower</p>	<p>Pepperoni & Sausage Pizza Cheese Pizza Garlic Bread</p>	<p>Build Your Own Salad Add 1 Protein and all the Veggies! Top it Off with a House-made Dressing And Combo it with a Cup of Soup!</p>	<p>Spaghetti & Meatballs Roasted Zucchini Grilled Chicken Thigh Corn on the Cob Breadstick and Fresh Garden Salad</p>
<p>Waffles & Blueberry Compote Fresh Scrambled Eggs Hash Brown Shreds Hot Congee or Cereal & Bananas</p>	<p>Korean Chicken Stew Fried Rice Braised Cabbage</p>	<p>3 Homestyle Breaded Chicken Tenders Choice of: Ranch, Honey Mustard, or BBQ Sauce Crispy Shoestring Fries</p>	<p>Build Your Own Salad Add 1 Protein and all the Veggies! Top it Off with a House-made Dressing And Combo it with a Cup of Soup!</p>	<p>Beef Stew Corn Bread Chicken Cordon Bleu Choice of Veggie Fresh Garden Salad</p>
<p>Breakfast Sandwich Choice of Sausage, Bacon, or Egg & Cheese Hash Brown Triangle Mandarin Oranges Hot Congee or Cereal & Bananas</p>	<p>Jalapeno Shrimp Chow Mein Stir Fry Veggies</p>	<p>Layered Lasagna Breadstick</p>	<p>Build Your Own Salad Add 1 Protein and all the Veggies! Top it Off with a House-made Dressing And Combo it with a Cup of Soup!</p>	<p>BBQ Chicken Cheesy Broccoli Macaroni & Cheese Fresh Garden Salad Fresh Garden</p>

**October
11th-15th**
Monday-Friday
Breakfast
 7:30a-8:30am
Am Snack
 10:00am-10:45am
Lunch
Middle School
 12pm-1pm
High School
 1pm-2pm
Dinner
 6:30-7:15pm
Weekend
Brunch
 10:30am-1:30pm
Dinner
 5:30pm-6:30pm



At St. Mary's school, we recognize the impact food makes on health and wellness. We are committed to bringing nutritious food to the table and making the healthy choice the easy choice for all our dining guests.



Contains Shellfish



Vegetarian Offering



Contains Egg



Be Well Offering